

## PARTNERING

new ideas on pas-de-deux &  
physical communication

Tuesday, 31.1. - 3:30 p.m. – 6:30 p.m.  
Wednesday, 01.2. - 10 a.m – 5 p.m.  
Thursday, 02.2. - 10 a.m – 5 p.m.  
Friday, 03.2. - 10 a.m – 1 p.m.

address:

rehearselstage of the CONSOL Theatre  
Bismarckstr. 240,  
45889 Gelsenkirchen - Bismarck



This workshop puts the physical communication on stage into the center of its approach. Based on the experiences in our work, combining movement principles of acrobalance, contemporary dance and contactimprovisation, we quote, that every form of this communication, no matter whether in solo, in duett or ensemble, could be looked at as a form of pas-de-deux: a permanent exchange, reflection, dialog with oneself, with one ownes body, ones (stage-/dance-/performance-) »partner« and ones »enviroment« (space, object, text,...). This is to be seen in a physical and mental »putting into relation« of the actor.



The workshop gives you 18 hours training with Artistik Dance (Janna Schimka & Klaus Borkens), learning, improvising and dancing a combination on new dance and modern dance movements, wherein we built some material out of partner-acrobalance. This will be the basis to dicover more about the approache as written above. For this time we would like to add the physical work on textmaterial, so please bring at least two or three lines of text you know by heart.



### some details of the workshop:

- getting to know the principles of physical communication by combining dance and acrobatics
- getting the idea of how to create new and thrilling transitions
- improving each other on working on the quality of movement concerning flow and musicality
- getting used to use momentum, 'bouncing energy', breathing or center energy instead of sheer force for lifting your partner or moving ourself/him/her through space

To get to know more about the work of Artistik Dance, have a look at: [www.Artistik-Dance.de](http://www.Artistik-Dance.de)  
... sorry, for now, most of it still is in german :O(...